

II. Reading Comprehension (3 points)

GIVE YOURSELF A BREAK: WHY SMALL BUSINESS OWNERS NEED TO REGAIN A SENSE OF BALANCE

Answer the questions below **using complete sentences (i.e. not just subordinate clauses or phrases)**. Each question is worth 0.5 points with a total of 3 points. Up to 0.3 points might be deducted from the total mark for lack of intelligibility in the answers provided. You may use fragments from the text unless specified not to do so.

1.

Balancing work and leisure time...can benefit our body and our mind and make our business more successful.

OR

Balancing work and leisure time...is not the norm, particularly in small businesses, where the owners often work extra hours or at weekends.

Recordeu que aquí han d'utilitzar les seves pròpies paraules però poden mantenir la paraula "business", si volen.

2.

There is a gap between intention and action because small business owners recognise the importance of frequent breaks in improving their work-life balance but many of them struggle to find room for downtime.

Recordeu que aquí poden copiar del text, si volen.

3.

The freedom and flexibility that starting a business might give you can be reduced if you try to do everything in the business, and then you might run out of time in the day and gas in the tank.

Recordeu que aquí poden copiar del text, si volen.

4.

There's no one-size-fits-all approach to a good work-life blend (line 26)

OR

...what constitutes the right work-life balance will vary over time and be different for each small business owner (lines 36-37)

5.

If leaders spend time away from work, they can come back with new and different perspectives that they can bring back to their businesses.

Recordeu que aquí poden copiar del text, si volen.

6.

The right work-life balance is dynamic/variable, flexible, different for each of us and should be realistic.

Recordeu que aquí han d'utilitzar les seves pròpies paraules

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